

Announcements October 28, 2021

Announcements can be found on the Troop website www.Troop824.org under the Announcements Tab and our Troop Calendar is found under the Calendar Tab



Roller Skating at Rainbow Skateland, 1109 Lincoln Ave, Lockport, NY This Thursday Oct 28th 5-8pm

Cost \$13 includes skate time, skates and 1 slice of pizza. Water will be available. There will be tables available for parents who wish to stay and watch. Costumes (that are safe for skating) are encouraged.

This also counts as week #2 of Personal Fitness.



Emergency Preparedness Merit Badge Class – has begun. Next class is at 6pm

All Scouts who need this Eagle Required Merit Badge should check email and print out the Merit Badge worksheet. Bring the worksheet and a pen with you to the fire hall at 6pm.

Popcorn

Scouts who do not sell popcorn will be asked to contribute a 'buy out' payment of \$100. If a Scout sells \$400 in popcorn the 'Buy out' will be \$50

November 13th – Pick up your popcorn orders from Don Klug – 2595 Lockport Rd, Sanborn, NY 14132. 716-930-9482

November 18th – ALL MONEY IS DUE. This gives you only 5 days to deliver the popcorn, collect money and get it turned in. (Buy out payments are also due on November 18th)



Greater Niagara Frontier Council – Annual Awards and Eagle recognition dinner.

Thursday November 4th

Register online at wnyscouting.org – Scroll down on home page to the November 4th Dinner link.

WE WILL BE HOLDING OUR REGULAR TROOP MEETING ON NOVEMBER 4TH AS WELL FOR ANY SCOUTS WHO ARE NOT ATTENDING THE DINNER.

Activities (subject to additions and changes)

Oct 28 Troop meeting - Roller Rink/ P. Fitness Week #2 at Roller Rink



Nov 4 Troop meeting - Game night- bring your favorite games/P. Fitness Week #3
(Nov 4th is also the night of the Council Awards Dinner. Both Mr. Gaynor and Jerry Sullivan will be receiving the Council's highest honor, the Silver Beaver Award. If you wish to attend please register on line at wnyscouting.org. Scroll down on the page to Nov 4 and click on the Annual Council Awards Dinner link)

Nov 6 University of Scouting

Nov 11 Troop meeting - Veteran's Day Flag Retirement Ceremony/invite AOL's/Nat'l Ice Cream Sundae Day

Nov 18 Troop meeting - P.Fitness Week #4/Camp prep/ National Princess Day/Mickey Mouse Birthday/
ALL POPCORN MONEY AND POPCORN BUYOUT MONEY DUE

Nov 25 Thanksgiving – No meeting



Dec 2 Troop meeting - Camp Prep for Cold Weather Training

Dec 3-5 Camping Miller Park – Serious Cold Weather Training! With AOL's

Dec 9 Troop meeting - Boards of Review

Dec 16 Troop meeting - Troop Ct. of Honor/ Christmas Party

Dec 23 and 30th No meeting



We are still required to follow Covid safety precautions and all Scouts and Adults must wear a mask while indoors at a Scouting event. Hand Sanitizer will be available. Each person must fill sign in when they arrive at our meetings and activities. If a Scout or family member is feeling ill, please do not send the Scout to a Troop meeting or activity.

Remind messaging — Our Troop uses the REMIND messenger to relay information. Please make sure you are signed up to receive messages.

Text @7hd2a4 to the number 81010

To pay Troop fees directly to the Troop bank account you may use Venmo. Send Venmo payments to: @Kendra-Gaynor



Personal Fitness

There are requirements at Tenderfoot, Second Class and First Class that require Scouts to do what they love to do: move around a lot. There are Personal Fitness requirements in Tenderfoot (6a-6c) , Second Class (7a-7b) and First Class Ranks (8a-8b). We will be focusing on Personal Fitness in our Troop meetings to help Scouts work toward their Personal Fitness Rank goals. (Older Scouts who need the Personal Fitness Merit Badge should start working on those requirements as well.

Personal Fitness Week #1 – Thursday October 21st

Personal Fitness Week #2 - Thursday October 28th (This will be at the Roller-Skating Rink. Scouts will get Personal Fitness credit if they skate)

Personal Fitness Week #3 – Thursday November 4th.

Tenderfoot

6a. Record your best in the following tests: • Pushups (Record the number done correctly in 60 seconds.) • Sit-ups or curl-ups (Record the number done correctly in 60 seconds.) • Back-saver sit-and-reach (Record the distance stretched.) • 1-mile walk/run (Record the time.)

6b. Develop and describe a plan for improvement in each of the activities listed in Tenderfoot requirement 6a. Keep track of your activity for at least 30 days.

6c. Show improvement (of any degree) in each activity listed in Tenderfoot requirement 6a after practicing for 30 days. • Pushups (Record the number done correctly in 60 seconds.) • sit-ups or curl-ups (Record the number done correctly in 60 seconds.) • Back-saver sit-and-reach (Record the distance stretched.) • 1-mile walk/run (Record the time.)

Second Class

7a. After completing Tenderfoot requirement 6c, be physically active at least 30 minutes each day for five days a week for four weeks. Keep track of your activities.

7b. Share your challenges and successes in completing Second Class requirement 7a. Set a goal for continuing to include physical activity as part of your daily life and develop a plan for doing so

First Class

8a. After completing Second Class requirement 7a, be physically active at least 30 minutes each day for five days a week for four weeks.

8b. Keep track of your activities. 8b. Share your challenges and successes in completing First Class requirement 8a. Set a goal for continuing to include physical activity as part of your daily life.

Share your challenges and successes in completing Second Class requirement 7a. Set a goal for continuing to include physical activity as part of your daily life and develop a plan for doing so.

You may use a chart like this to record your efforts

Date	Activity & Notes	Start Time	End Time	Duration